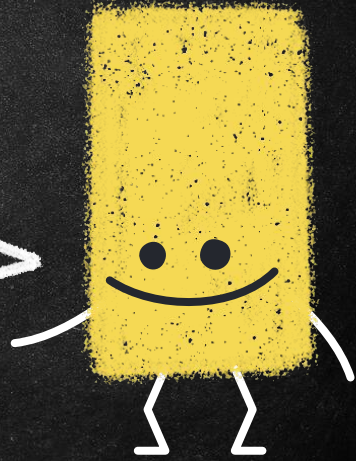
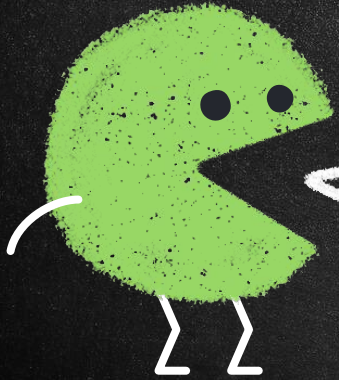


DISSOCIATIVE
IDENTITY
DISORDER (DID)



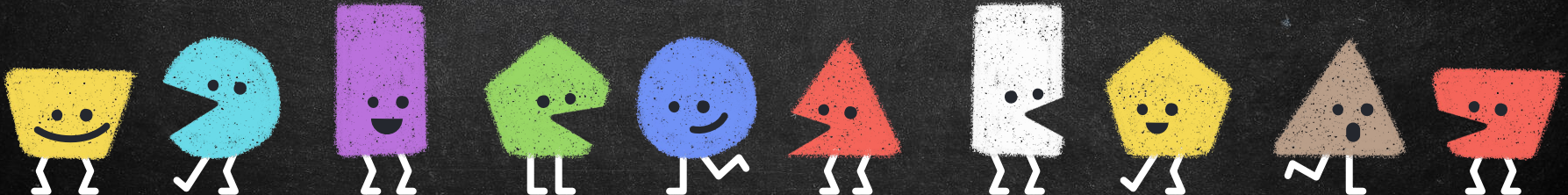
BOSTON MEDICAL CENTER'S CLINICAL PSYCHOLOGISTS



Proddy Sukcharoen
Counseling Psychologist



Anushka Toke
Medical Psychologist



ROADMAP

Overview of DID

Case example

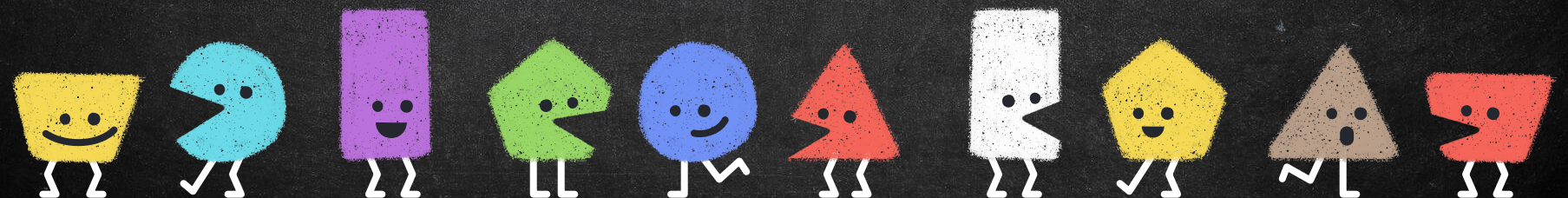
Treatment of DID



Symptoms

Causes of DID

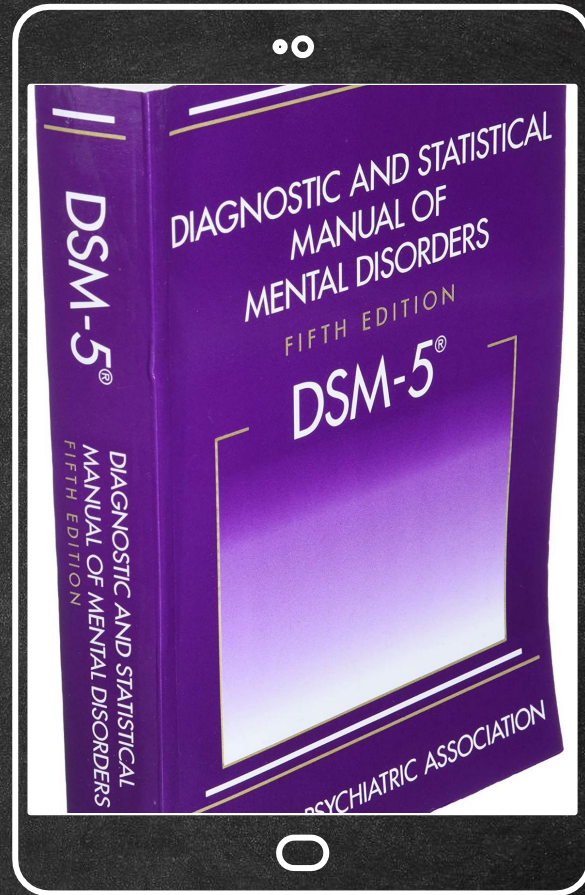
Controversies of DID



DISSOCIATIVE IDENTITY DISORDER

Identity disruption indicated by the presence of two or more distinct personality states.

Formerly known as **Multiple Personality Disorder**.

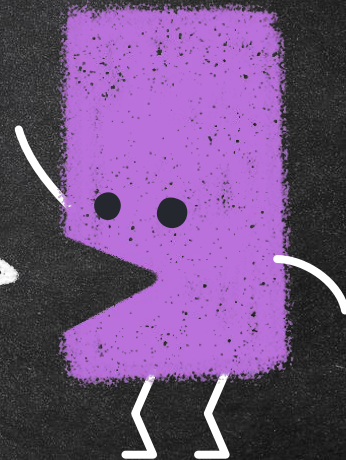


“

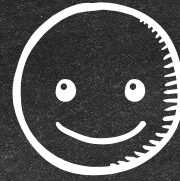
*The split personalities
AKA “alters” usually
have their own distinct:*

- Name
- Age
- Gender
- Moods
- Speech/ Vocabulary

Alter switches due to
a **stressor** or **trigger**



SYMPTOMS



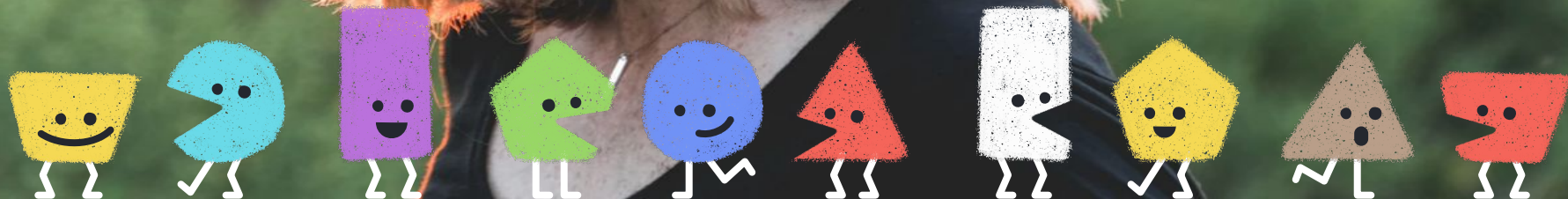
- ❖ Presence of 2+ personality states
- ❖ Amnesia
- ❖ Unexplained events/Out-of-body experiences
- ❖ Hallucinations
- ❖ Disturbances not due to direct physiological effects of a substance e.g. alcohol

MEET DIANE

Trauma: severely bullied as a child

Alters

1. Beth
2. David

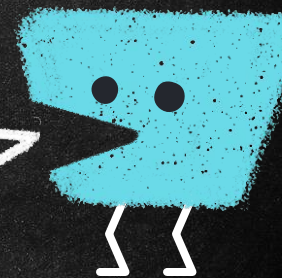


ALTERS



- Name: Beth
- Age: 5
- Gender: Female
- Moods: Playful, childish
- Speech/ Vocabulary: Limited, slow-paced
- Trigger: colorful lights, hearing nursery rhymes, educational institutions

- Name: David
- Age: 35
- Gender: Male
- Moods: Aggressive, arrogant
- Speech/ Vocabulary: Rude, swearing, harsh
- Trigger: being under high pressure e.g. traffic jam





COMMON MYTH



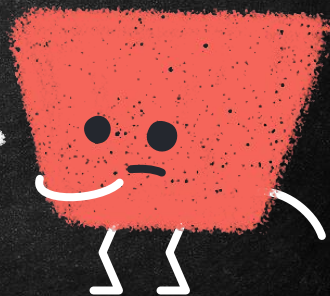
“DID patients can be diagnosed the same way as bipolar disorder patients”



CAUSES OF DID

OVERVIEW:

WITHIN THE THEORIES OF WHAT CAUSES DID, THERE IS AN OVERLAPPING BELIEF THAT DID OCCURS DUE TO SOME SORT OF TRAUMA IN CHILDHOOD



CAUSES OF DID THEORIES

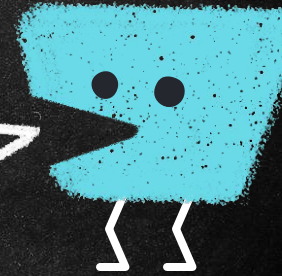
Trauma-linked theory:

This theory suggest that DID occurs due to it serving as a defensive mechanism as a response to cruelty or abandonment



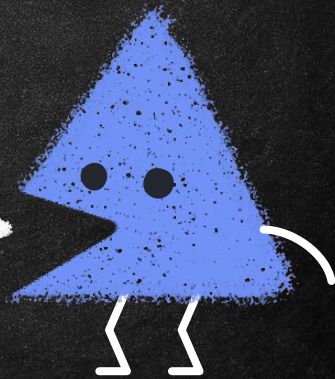
Non-trauma linked theory:

This theory suggests that DID occurs due to a non trauma related reason and is instead formed through improper treatment and socio cultural influences



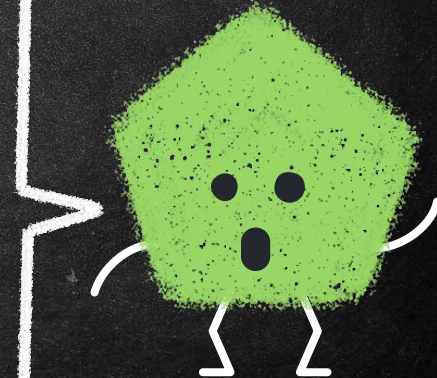
FACTORS OF CAUSES OF DID

1. Individuals have high hypnotizability
2. Traumatic experience
3. Emotional or social deprivation
4. Mental or emotional and external factors



TREATMENT

- ❖ Talk therapy (psychotherapy)
- ❖ Medication (antidepressants)
- ❖ Frequent hospital visits
- ❖ Balanced nutrition
- ❖ Meditation



CONTROVERSIES



-Memory repression as a diagnosis

-Validity of diagnosis

THANK YOU FOR YOUR ATTENTION

EXTRA RESOURCES:

<https://www.bmc.org/>

[Introduction to DID](#)

[Informative video](#)

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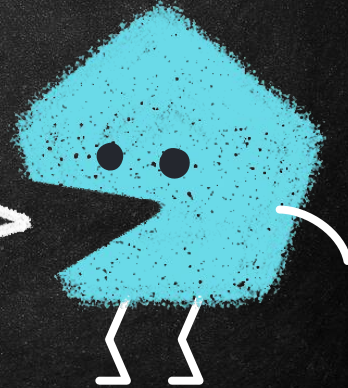
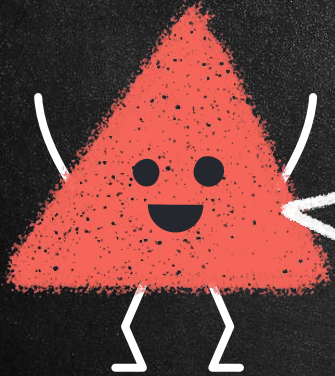
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